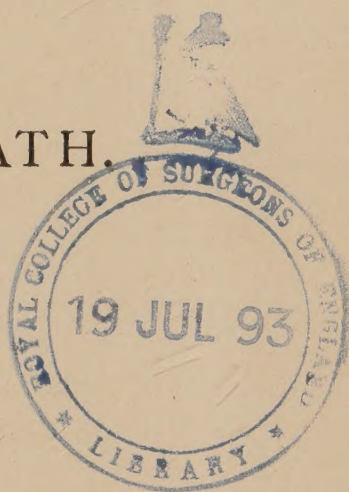


SUSSEX  
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



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THIRTY-FOURTH ANNUAL REPORTS

FOR 1892.

HAYWARDS HEATH:

C. CLARKE, PRINTER, "MID-SUSSEX" TIMES OFFICES.

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1893.

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# COMMITTEE OF VISITORS AND OFFICERS.

1892-3.

## FOR EAST SUSSEX.

- 1\*Albert Burtenshaw, Esq., Hailsham.
- 2\*W. H. Champion, Esq. (*Chairman*), Danny, Hassocks.
- 3\*C. R. Kemp, Esq., Bedford Lodge, Lewes.
- 4\*Henry R. Knipe, Esq., 54 Wilbury Road, Hove.
- 5 Colonel Wm. Rowe Lewis, The High Beech, Hollington, Hastings.
- 6 Major John James Lister, Warninglid Grange, Haywards Heath.
- 7\*Charles Longley, Esq., Wivelsfield, Haywards Heath.
- 8\*Major T. A. Maberly, Mytten, Cuckfield.
- 9 John Mews, Esq., Hartwell, Hartfield.
- 10\*William Epps Morrison, Esq. (Mayor of Eastbourne), Mondello Lodge, Blackwater Road, Eastbourne.
- 11 John Stewart Oxley, Esq., Fen Place, Turners Hill, Worth.
- 12 T. E. Ravenshaw, Esq., South Hill, Worth, Crawley.
- 13 Lieut.-Colonel Dudley T. H. Sampson, Buxshalls, Lindfield.
- 14 Arthur Weekes, Esq., Mansion House, Hurstpierpoint.

## FOR WEST SUSSEX.

- 1 Sir W. G. Barttelot, Bart., Brookdean, Fittleworth, Pulborough.
- 2\*Rev. Dr. Alfred Conder, 30 Upper Bognor Road, Bognor.
- 3 Rev. John Goring, Wiston Park, Steyning.
- 4\*Harry Hargood, Esq., North Lodge, Worthing.
- 5\*Rev. Henry Palmer, Sullington, Pulborough.
- 6 E. C. Patching, Esq. (Mayor of Worthing), Liverpool Gardens, Worthing.
- 7\*William Smith, Esq., Little London, Chichester.
- 8\*Lieut.-Col. T. F. Wisden, The Warren, Broadwater, Worthing.

## FOR THE COUNTY BOROUGH OF BRIGHTON.

- 1 Edwin Booth, Esq., East Street, Brighton.
- 2 Joseph Ewart, Esq., M.D. (Mayor of Brighton), Montpelier Hall, Montpelier Terrace, Brighton.
- 3\*Edward Martin, Esq., 42 Buckingham Place, Brighton.
- 4\*Edward James Reeves, Esq., 85 Queen's Road, Brighton.
- 5\*William Sendall, Esq., 131 Preston Road, Brighton.
- 6\*James Horton Stephens, Esq., 9 Clifton Hill, Brighton.
- 7\*James Osman Thomas, Esq., 10 Chesham Place, Brighton.

## OFFICERS.

*Medical Superintendent*—C. E. Saunders, Esq., M.D.

*Senior Assistant Medical Officer*—E. B. C. Walker, Esq., M.D.

*Junior Assistant Medical Officer*—F. D. Bennett, Esq., L.R.C.P.

*Chaplain*—The Rev. E. R. D. Litle, M.A.

*Clerk of the Asylum*—Mr. S. A. Mortlock.

*Storekeeper*—Mr. T. Lenton.

*Housekeeper*—Mrs. Woodhouse.

*Head Attendants*—Mr. John Backhouse (Male Department).  
Miss Buckle (Female Department).

*Assistant Female Officer*—Miss Mary Darbyshire.

*Treasurer*—Francis Barry Whitfeld, Esq., Lewes.

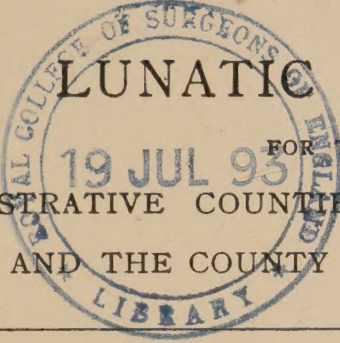
*Clerk to the Visitors*—Reginald Blaker, Esq., Lewes.

\* Member of House Committee.

MARCH, 1893.







# LUNATIC ASYLUM

FOR THE

ADMINISTRATIVE COUNTIES OF EAST AND WEST  
SUSSEX AND THE COUNTY BOROUGH OF BRIGHTON.

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## THIRTY-FOURTH ANNUAL REPORT OF THE VISITING COMMITTEE.

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*To the Councils of the Administrative Counties of East and  
West Sussex and the County Borough of Brighton.*

THE VISITING COMMITTEE have the pleasure to submit  
to the Councils their report for the past year.

Your Committee are pleased to be able to again refer  
to the satisfactory manner in which Dr. Saunders, the  
Medical Superintendent of the Asylum, discharges the  
duties of the position which he occupies, and recognize  
the care and attention which he devotes to them and  
the patients under his charge. They are able also to  
report favourably of the conduct of the other officers  
and servants of the Asylum, as well as that of the  
Attendants generally.

The alterations, improvements, and additions to the  
Male Ward 6, the Male General Airing Court and the  
Male General Bath Room, the expenditure for which  
was authorised by the Councils previous to the date of  
the last Report, have since been carried out and have  
materially added to the comfort and health of the  
patients and attendants using these parts of the Asylum.

Your Committee also contemplate the installation of



new and improved machinery and plant in the Bake-house and Vegetable Room, which are much required. The sanction of the Councils to this work and the application for the necessary grant forms the subject of a separate report addressed to the Councils of East Sussex and Brighton ; as from the 12th April last these Councils only are (under the order of the Local Government Act Commissioners) chargeable with expenditure for improvements.

On the 22nd April last the Lord Chancellor's Visitor paid an official visit to the Asylum.

On the 29th January last Mr. F. D. Boggis-Rolfe, the District Auditor appointed by the Local Government Board, reported on the Asylum accounts for the year ended the 31st March, 1891, and was favourably impressed with the general care and accuracy displayed by Mr. Mortlock, the Clerk of the Asylum. On the 20th instant Mr. Boggis-Rolfe reported on the accounts for the year ended 31st March last, and suggestions made by him for assimilating the system of book-keeping to the system in force in the asylums under the control of the London County Council are now having the consideration of your Committee.

During the past year the changes in the staff comprise the appointment of the Rev. E. R. D. Little to the office of Chaplain in the place of the Rev. T. Hutchinson, resigned, and the appointment of Mr. Frank Dillon Bennett to the post of Junior Assistant Medical Officer in the place of Mr. Alexander Simpson, resigned.

In February last your Committee granted superannuation allowances to the following Nurses, viz. :—Elizabeth Lambert, Mary Ann Rose, and Mary Ann Cresswell, which grants have received the sanctions of the Councils.



Your Committee also, in the month of September last, granted a superannuation allowance to Attendant Jasper Henbest Smith. The sanction of the Councils to this grant is asked for in a separate report.

Your Committee have much pleasure in reporting that in May last seven male attendants and five female nurses passed the examination of the Medical Psychological Association and gained certificates.

On the 16th June last your Committee found it necessary to renew the contract of 26th June, 1890, for the reception of 50 female patients into Berry Wood Asylum at Northampton, and this they accordingly did with the consent of the Home Secretary.

In the month of July last the Committee of the Littlemore Asylum in Oxfordshire, wanting room for their own cases, gave notice to your Committee to remove ten of the female patients under contract at that Asylum, and these patients were duly removed, six of them being taken to Berry Wood and four brought back to Haywards Heath.

The number of patients on the books on the 30th September, 1892, was :—

At Haywards Heath	{	Males . .	362	
		Females .	477	
			<hr/>	839
At Berry Wood ...	{	Males . .	41	
		Females .	100	
			<hr/>	141
At Littlemore ...	{	Males . .	10	
		Females .	5	
			<hr/>	15
				<hr/>
				995
				<hr/>

This total of 995 is analysed as follows :—

From Unions and parts of Unions in East Sussex . . . . .	391
From Unions and parts of Unions in West Sussex . . . . .	273
From Brighton Union and part of Steyning Union in County Borough of Brighton . . . . .	313
County Patients chargeable to East Sussex and County Borough of Brighton . . . . .	4
County Patient chargeable to West Sussex . . . . .	1
County, Out County, and Private Cases . . . . .	13
	<hr/> 995

For the purpose of this analysis the patients from the overlapping Unions of Cuckfield and Steyning have been apportioned according to population.

The number of patients on the books on the 30th September, 1891, was 987, which, compared with 995, the number on the 30th September last, shews an increase of 8 during the year.

The admissions during the year ended 30th September, 1892, were . . . . .	270
The discharges from Haywards Heath . . . . .	133
The discharges from Berry Wood . . . . .	—
The discharges from Littlemore . . . . .	—
The deaths at Haywards Heath . . . . .	123
The deaths at Berry Wood . . . . .	6
The deaths at Littlemore . . . . .	—
	<hr/> 262
Increase as above mentioned . . . . .	8



The vacant beds on 30th September, 1892, were :—

On Male side . . . . . 18

On Female side . . . . . 23

On the 30th September, 1892, there were 10 Chichester patients at the Portsmouth Asylum as compared with 11 on the 30th September, 1891.

The 10 Chichester patients at Portsmouth Asylum are not included in the above number of 995, as they are not on the books at Haywards Heath.

The following is a list of Attendances of your Committee during the past year :—

	General Meetings.	House Committee Meetings.
FOR EAST SUSSEX.		
*Mr. Albert Burtenshaw . . . . .	9	11
*Mr. W. H. Champion ( <i>Chairman</i> ) . . . . .	10	14
*Mr. C. R. Kemp . . . . .	10	12
*Mr. Henry R. Knipe . . . . .	7	6
Colonel W. Rowe Lewis . . . . .	4	—
Major John James Lister ( <i>appointed March, 1892</i> ) . . . . .	8	7
Mr. Charles Longley . . . . .	11	—
*Major T. A. Maberly . . . . .	9	11
Mr. John Mews . . . . .	11	1
*Mr. W. Epps Morrison (Mayor of Eastbourne . . . . .	7	7
Mr. John Stewart Oxley ( <i>appointed April, 1892</i> ) . . . . .	5	—
Mr. T. E. Ravenshaw . . . . .	11	—
Lieut.-Col. Dudley T. H. Sampson . . . . .	6	—
Mr. Arthur Weekes ( <i>appointed April, 1892</i> ) . . . . .	7	—
Mr. W. S. Livesay ( <i>retired March, 1892</i> ) . . . . .	2	—
Mr. A. Mayhew ( <i>retired April, 1892</i> ) . . . . .	2	—
Mr. K. Reeve ( <i>retired April, 1892</i> ) . . . . .	—	—

	General Meetings.	House Committee Meetings.
FOR WEST SUSSEX.		
Major W. G. Barttelot . . . . .	2	—
*Rev. Dr. Alfred Conder . . . . .	9	9
Rev. John Goring . . . . .	3	—
*Mr. Harry Hargood. . . . .	7	8
*Rev. Henry Palmer . . . . .	10	10
Mr. E. C. Patching, Mayor of Worth- ing ( <i>appointed March, 1892</i> ) . . . . .	8	—
*Mr. William Smith . . . . .	10	11
*Lieut.-Col. T. F. Wisden . . . . .	5	2
Mr. A. A. Ralli ( <i>retired March, 1892</i> ) . . . . .	2	—
FOR BRIGHTON.		
Mr. Edwin Booth ( <i>appointed January,</i> 1892) . . . . .	6	—
Mr. Joseph Ewart, M.D. (Mayor of Brighton) . . . . .	7	1
*Mr. Edward Martin . . . . .	10	9
*Mr. Edward James Reeves . . . . .	10	14
*Mr. William Sendall . . . . .	8	9
*Mr. James Horton Stephens ( <i>appointed September, 1892</i> ) . . . . .	2	1
Col. Henry Tester ( <i>appointed January,</i> 1892) . . . . .	—	—
Mr. W. H. Hallett ( <i>died January, 1892</i> ) . . . . .	—	—
Mr. G. Manwaring ( <i>died December,</i> 1891) . . . . .	1	—
*Mr. S. H. Soper ( <i>died August, 1892</i> ) . . . . .	5	6
* Members of House Committee.		

On behalf of the Visiting Committee,

W. HENRY CAMPION,

*Chairman.*

HAYWARDS HEATH,

29TH OCTOBER, 1892.



INCOME and EXPENDITURE for the Year ending 31st March, 1893.

*Examined by the Finance Committee, April 29th, 1893.*

(Signed) S. A. MORTLOCK,  
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE <i>for the Year, for each Patient, from Weekly Rate.</i>					
	QUARTERS ENDING.				Average for the Year ending 31st Mar., 1893.
	1892, June 30th.	Sept. 30th.	Dec. 31st.	1893, March 31st.	
	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions .....	3 10½	4 1½	3 11½	3 6½	3 10½
House and other Expenses .....	2 1½	1 5½	2 4	2 3½	2 0½
Clothing .....	0 5½	0 4	0 6	0 5½	0 5½
Salaries and Wages.....	2 6	2 6½	2 5	2 5½	2 5½
Medicine, Spirits, &c.....	0 1½	0 1½	0 1½	0 1½	0 1½
Incidentals .....	0 2	0 3½	0 3½	0 3½	0 3
Total .....	9 2½	8 10½	9 7½	9 0½	9 2½
Weekly Rate Chargeable to the Unions					
Contributing to the Asylum .....	10 0	9 6	9 9	9 6	8 8½
Ditto do. Not Contributing do. ....	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients .....	16 0	16 0	16 0	16 0	16 0





# SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending March 31st, 1893.

ASSETS.		DEBITS.	
1892.	£ s. d.	1893.	£ s. d.
Dec. 31. From Unions, &c., in Arrear .....	11 11 10	Mar. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c. ....	4282 19 2
1893.		Cheques on Salaries not paid in .....	90 0 0
Mar. 31. Due from Unions Contributing .....	6147 19 3		
" " Ditto not ditto .....	45 10 0		
" " County Treasurers .....	30 10 5		
" " Private Patients' Account ..	81 0 3		
" " For Sale of Farm Produce, Stores, &c. . .	206 5 5		
" " Repairs, Alterations, &c. ....	709 3 9		
" " Cottage Rent .....	7 16 0		
" " Cash in Treasurer's Hands .....	2801 7 11		
" " Clerk's ditto .....	169 19 11		
" " Due from County Councils, L. Act 1890, s. 269 (9) .....	361 19 6	Surplus Balance .....	6200 5 1
	<u>£10,573 4 3</u>		<u>£10,573 4 3</u>

Submitted to the Finance Committee this 29th day of April, 1893.

(Signed)

W. HENRY CAMPION (*Chairman*).

H. R. KNIPE.

JOHN J. LISTER.

(Signed)

S. A. MORTLOCK,  
*Clerk of the Asylum.*

# SUSSEX LUNATIC ASYLUM.

**Dr. Farm and Garden Accounts for the Year ending 31st March, 1893. Cr**

1892.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock .....	1033	12	0			
Estimated Value of Dead Stock .....	379	14	0			
Estimated Value of Tenant's Valuation .....	777	13	2			
Estimated Value of Provender .....	546	2	8			
				2737	1	10

1893.—March 31st.	£	s.	d.	£	s.	d.
By Purchase of—						
2 Bulls .....	31	0	0			
14 Cows .....	311	15	0			
5 Sows .....	12	11	0			
50 Sheep .....	57	10	0			
1 Boar .....	5	5	0			
Grains .....	128	5	3			
Oil Cake .....	60	15	0			
Bran and Sharps .....	48	10	4			
Medicine .....	18	13	6			
Barley and Maize .....	29	0	6			
1,500 trusses Straw .....	78	2	6			
Seeds and Plants .....	47	17	11			
Manure and Lime .....	81	2	11			
Implements .....	33	13	2			
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm .....	482	1	4			
Thrashing .....	21	0	3			
Thatching .....	8	8	5			
Valuation .....	7	7	0			
Sundries .....	15	12	11			
Shoeing .....	11	4	11			
Railway Carriage .....	28	11	3			
				1518	7	2

Rates, Taxes, and Tithes .....	38	8	1			
Estimated Rent on Land .....	200	0	0			
				238	8	1
Balance in favour .....				111	16	8

£4,605 13 9

1893.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
20 Calves .....	22	17	6			
1 Bull .....	20	15	0			
1 Horse .....	15	0				
Hides and Skins .....	17	16	9			
21 Pigs .....	82	15	9			
Wheat .....	50	8	0			
Hay and Oats .....	127	4	2			
Sundries .....	8	6	9			
Peas, &c. ....	2	14	6			
				333	13	

By Produce supplied to House—						
11,958 lbs. Beef @ -/5½	292	2	2			
and -/6 .....	17	12	2			
805 „ Suet @ -/5½	163	7	11			
7,130 „ Pork @ -/5½	14	0				
1 Sucking Pig .....	49	10	6			
1,981 lbs. Mutton @ -/6	5	3	5			
Livers, &c. ....				528	10	
19,540½ gals. Milk @ -/11	895	12	1			
7,198 No. Eggs „ -/1	29	19	10			
67 „ Poultry „ 2/6	8	7	6			
110 „ Rabbits „ 1/2	6	8	4			
				940	7	

2,249 bus. Cabbage @ 1/-	112	9	0			
105½ „ Onions „ 2/-	10	11	0			
1,772 „ Potatoes „ 2/8	236	5	4			
82 „ Peas „ 2/-	8	4	0			
200 „ Beans „ 2/-	20	0	0			
234½ „ Carrots „ 2/-	23	9	0			
475 „ Parsnips „ 2/-	47	10	0			
119 „ Turnips „ -/10	4	19	2			
3,025 No. Cauliflowers @ -/1½ and -/2 .....	21	5	7			
Other Vegetables .....	17	8	3			
Fruit and Rhubarb .....	28	11	6			
Vegetables and Fruit supplied to Medical Superintendent .....	30	10	1			
				561	2	11

Keep of House Horse...	23	8	0			
				23	8	0
By Estimated Value of Live Stock .....	912	14	0			
Estimated Value of Dead Stock .....	360	14	0			
Estimated Value of Tenant's Valuation .....	604	2	6			
Estimated Value of Provender .....	341	1	0			
				2218	11	0

£4,605 13 9

## ESTIMATED VALUE OF FARM STOCK:—

1892.—March 31st.	£	s.	d.
37 Cows, Bull, Fattening Beasts, and Calves .....	655	10	0
7 Horses .....	261	0	0
37 Head of Swine .....	97	2	0
137 Poultry and Ferrets .....	20	0	0
	1033	12	0
Dead Stock, Implements, &c. ....	379	14	0
Tenant's Valuation .....	777	13	2
Provender .....	546	2	8
	£2,737	1	10*

1893.—March 31st.	£	s.	d.
38 Cows, Bull, Fattening Beasts, and Calves .....	502	10	0
7 Horses .....	249	0	0
34 Head of Swine .....	95	4	0
20 Sheep and Lambs .....	48	0	0
120 Poultry and Ferrets .....	18	0	0
	912	14	0
Dead Stock, Implements, &c. ....	360	14	0
Tenant's Valuation .....	604	2	6
Provender .....	341	1	0
	£2,218	11	6*

Examined by the Farm Committee, April 29th, 1893.

(Signed) W. HENRY CAMPION, Chairman.  
A. BURTENSHAW.  
J. HORTON-STEPHENS.

(Signed) S. A. MORTLOCK,  
Clerk of the Asylum.

\* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.



*An Abstract of the Annual Returns of Pauper Lunatics chargeable to the  
several Unions and Places in the County of Sussex, 1st January, 1893.*

(Lunacy Act, 1890, Rule 29.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum		In Private Asylum		In Asylums in other Counties		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle .....	6	13	...	...	...	...	4	2	...	...	1	...	11	15
Brighton.....	102	150	...	...	13	35	76	68	...	...	22	17	213	270
Chailay .....	7	8	...	...	...	...	1	3	...	...	1	...	9	11
Chichester (Incorporatn) .....	3	5	...	...	2	8	2	4	...	1	...	...	7	18
Cuckfield .....	14	25	...	...	2	4	3	8	...	...	3	1	22	38
Eastbourne .....	21	20	...	...	3	3	2	5	...	...	1	3	27	31
East Grinstead .....	13	11	...	...	1	2	3	7	...	...	3	5	20	25
East Preston.....	18	18	...	...	2	8	3	3	...	1	2	4	25	34
Hailsham .....	11	17	...	...	2	4	4	1	...	1	...	7	17	30
Hastings .....	2	15	...	44	30	2	2	3	...	...	1	...	35	64
Horsham .....	26	27	...	...	2	6	3	6	1	1	1	5	33	45
Lewes .....	14	9	...	...	3	3	3	4	...	...	...	...	20	16
Midhurst .....	8	8	...	...	1	...	...	...	...	...	2	...	9	10
Newhaven .....	9	5	...	...	1	...	1	4	...	...	1	...	12	9
Petworth .....	11	12	...	...	1	3	2	2	...	...	2	6	16	23
Rye .....	8	11	...	...	1	2	12	5	...	...	2	3	23	21
Steving .....	33	57	...	...	4	7	6	11	...	...	6	9	49	84
Thakeham.....	5	11	...	...	...	3	...	4	...	...	1	1	6	19
Ticehurst .....	18	13	...	...	...	...	7	4	...	...	1	1	26	18
Uckfield .....	9	20	...	...	2	4	4	6	...	...	5	4	20	34
Westbourne .....	7	11	...	...	2	1	3	9	...	...	2	1	14	22
West Firle.....	1	3	...	...	1	...	...	...	1	...	1	...	4	3
Westhampnett.....	17	20	...	1	3	7	6	6	...	...	...	4	26	38
County, Eastern Division .....	3	...	...	...	1	...	...	...	...	...	...	...	4	...
Do.—Western do. ....	...	1	...	...	...	...	...	...	...	...	...	...	...	1
TOTALS.....	366	490	...	45	77	102	147	165	2	4	56	73	648	879

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855	92	127	79	54	45	85	216	266	482
1st January, 1868	242	301	95	107	62	84	399	492	891
1st January, 1869	250	318	102	110	67	84	419	512	931
1st January, 1870	246	326	109	108	72	83	427	517	944
1st January, 1871	257	348	116	120	79	101	470	569	1039
1st January, 1872	264	341	111	141	84	120	459	602	1061
1st January, 1873	284	343	122	140	79	109	485	592	1077
1st January, 1874	297	351	109	146	67	106	473	603	1076
1st January, 1875	301	361	108	158	84	118	493	637	1130
1st January, 1876	312	387	111	161	75	104	498	652	1150
1st January, 1877	324	384	106	163	75	102	505	649	1154
1st January, 1878	340	390	118	165	71	96	529	651	1180
1st January, 1879	341	412	120	158	62	98	523	668	1191
1st January, 1880	347	415	111	170	56	93	514	678	1192
1st January, 1881	341	436	126	160	61	99	528	695	1223
1st January, 1882	353	462	129	163	54	98	536	723	1259
1st January, 1883	359	458	113	181	55	97	527	736	1263
1st January, 1884	353	454	145	199	52	88	550	741	1291
1st January, 1885	351	464	158	202	63	90	572	756	1328
1st January, 1886	347	479	156	212	66	87	569	778	1347
1st January, 1887	350	499	150	212	63	84	563	795	1358
1st January, 1888	360	495	162	204	66	75	588	774	1362
1st January, 1889	375	535	166	207	62	84	603	826	1429
1st January, 1890	390	572	157	209	57	82	604	863	1467
1st January, 1891	409	608	154	191	60	74	623	873	1496
1st January, 1892	407	603	153	193	55	72	615	868	1483
1st January, 1893	443	637	147	165	58	77	648	879	1527

S. A. MORTLOCK,  
Clerk of the Asylum.

## LOAN ACCOUNT.—EASTERN DIVISION.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,  
on the 31st March, 1893.*

When Borrowed.	Rate of Interest.	Amount of Loans.	Amount Paid off during the year ended 31st March, 1893.	Total Amount paid off.	Remaining due.
1856, October 13th.	£4½ per cent.	£ 500	£ s. d. .....	£ s. d. 500 0 0	£ s. d. .....
" "	£4½ per cent.	500	.....	500 0 0	.....
" "	"	500	.....	500 0 0	.....
1857, April " 6th.	"	11000	.....	11000 0 0	.....
" October 19th.	"	5500	.....	5500 0 0	.....
1858, January 4th.	"	5500	.....	5500 0 0	.....
" June 28th.	"	5500	.....	5500 0 0	.....
" October 18th.	"	5000	.....	5000 0 0	.....
1859, April 4th.	"	8000	.....	8000 0 0	.....
" June 27th.	"	1550	.....	1550 0 0	.....
" "	"	6700	.....	6700 0 0	.....
" October 17th.	"	3350	.....	3350 0 0	.....
1860, January 2nd.	"	2680	.....	2680 0 0	.....
1861, April 8th.	"	1340	.....	1340 0 0	.....
1863, October 19th.	"	3350	111 13 4	3238 6 8	111 13 4
1864, January 4th.	"	2345	78 3 4	2266 16 8	78 3 4
1866, October 15th.	£5 per cent.	4355	145 3 4	3774 6 8	580 13 4
1881, October 17th.	£4 per cent.	536	17 17 4	196 10 8	339 9 4
		£68206	£352 17 4	£67096 0 8	£1109 19 4



## LOAN ACCOUNT.—WESTERN DIVISION.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,  
on the 31st March, 1893.*

When Borrowed.	Amount of Loan.	Amount remaining Unpaid 31st March, 1893.	Rate of Interest.	Annual Instalment of Principal.	When Payment of Instalment and Interest will cease.
1857, April 9th.	£ 5500	£ s. d. Paid off	£4½ per cent.	£ s. d. .....	.....
" October 22nd.	2500	Ditto	"	.....	.....
1858, January 7th.	2500	Ditto	"	.....	.....
" July 1st.	2500	Ditto	"	.....	.....
" October 21st.	3000	Ditto	"	.....	.....
1859, April 7th.	4000	Ditto	"	.....	.....
" June 30th.	1450	Ditto	"	.....	.....
" August 27th.	3300	Ditto	"	.....	.....
" Dec. 3rd.	1650	Ditto	"	.....	.....
1860, January 9th.	1320	Ditto	"	.....	.....
1861, April 11th.	660	Ditto	"	.....	.....
1863, October 22nd.	1650	55 0 0	"	55 0 0	October 22nd, 1893.
1864, January 7th.	1155	38 10 0	"	38 10 0	January 7th, 1894.
1866, October 18th.	2145	286 0 0	"	71 10 0	October 18th, 1896.
1881, October 20th.	264	167 4 0	£5 per cent. £4 per cent.	8 16 0	October 20th, 1911.
	£33594	£546 14 0		£173 16 0	

THE  
MEDICAL SUPERINTENDENT'S  
THIRTY-FOURTH ANNUAL REPORT.

---

Thirty-fourth  
Annual Report.

THE MEDICAL SUPERINTENDENT has the honour to submit the Thirty-fourth Annual Report to the Committee of Visitors.

Numbers on the  
30th September,  
1891.

On the 30th September, 1891, the Numbers in the Asylum were—Male, 372 ; Female, 490 ; Total, 862.

Admissions.

The Admissions during the year ending 30th September, 1892 have been—Male, 121 ; Female, 155 ; Total, 276.

Discharges.

The Discharges during the year have been—Male, 76 ; Female, 100 ; Total, 176.

Deaths.

The Deaths during the same period have been—Male, 55 ; Female, 68 ; Total, 123.

Mean Annual  
Population.

The Average Daily Number Resident during the year has been—Male, 343 ; Female, 460 ; Total, 803.

Numbers this  
day, September  
30th, 1892.

The Numbers in the Asylum this day (30th September, 1892), are—Male, 362 ; Female, 477 ; Total, 839.

The Admissions

The admissions although not quite so numerous as those of the previous year, were yet largely in excess (79) of the average.



Until the Census returns are fully available it will not be possible to determine with accuracy whether the growth of lunacy in Sussex is a natural one, proportionate, that is to say, to increase of population, or whether there is a real as well as an apparent increase of persons of unsound mind.

The accumulation of epileptics in asylums is a matter of great importance, especially in connection with their requirements of supervision by night, and ample ward space by day.

Epileptics form a large proportion of those cases which are now sent to asylums, instead of being kept at home. While the detention of epileptics is a safeguard to the community at large, there are many of them to whom an asylum is especially distasteful in the interval of their attacks.

The opening therefore of an institution for epileptics is a move in the right direction, and one which it may be hoped will be extended to all classes of epileptics.

No less than 35 epileptics were admitted, and if to these 23 cases of general paralysis are added, an explanation is at once afforded of the number of cases classed as "hopeless" in the subjoined table.

This increase in the number of epileptics has necessitated the opening of a third observation dormitory (for continuous supervision by night) on the Male side.

The following tabular Statements shew the details of the year's admissions, the expectancy of recovery on admission, and the subsequent history of the cases ; their ages in groups, and forms of mental disorder.

Expectancy of Recovery.	Admission	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males .....	121	24	36	61	42
Females ...	155	39	50	66	56

*AGES ON ADMISSION.*

	5—15.	15—35.	35—55.	55—75.	75 and upwards	Un-known.
Males .....	6	36	49	24	5	1
Females ...	1	59	53	31	8	3

*Form of Mental Disorder of Year's Admissions.*

	Males.	Females.	Total.
Insanity with Epilepsy .....	15	6	21
Idiocy without Epilepsy .....	4	3	7
Imbecility without Epilepsy..	3	4	7
General Paralysis .....	11	12	23
Dementia .....	8	13	21
Mania .....	51	69	120
Melancholia .....	29	47	76
Not Insane.....	...	1	1
TOTAL .....	121	155	276



*Table shewing the numbers of the Year's Admissions who  
were Discharged, Died, or Remain.*

	Males.	Females.	Total.
Discharged Recovered.....	14	18	32
„ Unimproved.....	3	...	3
„ to care of friends	6	5	11
„ from on trial ...	3	...	3
Transferred to other Asylums	1	1	2
Not Insane.....	...	1	1
Died.....	17	21	38
Remain in Asylum .....	77	109	186
TOTAL .....	121	155	276

The total number of cases under treatment was 1,132.

The discharges were at the rate of 63 per cent. of the admissions. The Discharges.

Fifty-seven were discharged recovered (20.6 per cent. of the admissions), 33 were discharged to the care of friends, 9 were sent out on trial and subsequently discharged recovered, one was not insane, and the remainder were transferred to other Asylums not relieved. Owing to overcrowding, 25 patients, viz. 10 males and 15 females, were sent under contract to the Oxford County Asylum at Littlemore, and in the same month (October, 1891), 18 more males were transferred to Berry Wood, with which Asylum a further contract for 50 females was renewed.

It is very creditable to the Nurses and Attendants that notwithstanding the number of cases, over 150 which have been moved by railway during the last three years, that not a single accident or contretemps of any kind has occurred in any one of the numerous journeys which these changes have involved.

One hundred and twenty-three deaths occurred, viz., 55 females and 68 males.

Of the total number of deaths, 15 were due to phthisis, 10 to pneumonia and bronchitis, 10 to heart disease, 17 to progressive paralysis of the insane, 15 to old age, and the remaining 56 to other constitutional disorders, either mental or bodily.

#### The Deaths.

The death-rate was 15·3 per cent. of the population daily resident.

The following Table shows the ages at death, in certain age-groups.

Total number of deaths from all causes and at all ages.	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
123	...	1	12	45	46	19

This year again the number of deaths of persons 75 years of age and upwards is numerous, and in some measure accounts for the high death-rate.

*Post-mortem* examinations were made in 48 cases.

Every death has been reported to the Coroner, but in no case has an inquest been necessary.

No death has occurred from accident or violence.



The first interment in the new cemetery was made in the month of January.

There have been four escapes, but in only one case was the patient absent more than an hour or two : the exception was brought back on the following day.

During April the solemn farce of re-certifying the chronic patients, to the number of 525, had to be re-enacted. These patients are now considered to be protected from undue detention, or, as one writer has expressed it, are "re-committed" for another term of two years. To be a lunatic is a legal offence, to be dealt with by the Policeman and the Justice; and the most complex of all *diseases* is adjudicated on, in the Courts by Judge and Jury, with the least possible regard to the Medical aspect of the case (the one chiefly, if not wholly involved, in a person of unsound mind), which decency demands. Modern legislation has not improved the *status* of the lunatic. A recent law case \* serves well to illustrate the kind of protection "re-certification" gives to the public : a lady who was said to have recovered mentally, was re-certified, because the term of her Reception Order had run out, and she would have had to be "discharged" in a dying state, if she had not been re-certified. The Legislature are very slow to recognise the weakness, inconsistency, and contradictions of the Lunacy Act, 1890.

The order of the Local Government Act Commissioners dissolving the partnership between East and West Sussex was made on April 12th, 1892, but does not take effect until December, 1893, so far as the removal of the West Sussex cases is concerned.

\*Roe v. Nix.

By the time that an asylum in West Sussex is ready for occupation, a further severance of partnership, viz. that which exists between East Sussex and the County Borough of Brighton, will be imperative, if the same inconvenience occasioned by want of accommodation is not to be repeated, and it is to be devoutly wished that it will not be.

The number of deaths from phthisis point, among other things, to the importance of raising the standard of the cubic space allowed for each patient, and this can only be done by reducing the number of patients in each division, considerably below the present nominal accommodation.

The alterations and improvements have been unusually numerous and important. The single rooms in the Female infirmary have been heated by hot water pipes.

The Female sleeping gallery has been re-decorated throughout, and the floor is about to be covered with linoleum.

The central hall and passages have been re-painted, while the walls of the entire basement (centre) have been cemented, and covered with "duresco."

The kitchen has been renovated, and the roof of the scullery has been raised, with the effect of providing *direct* light and air.

The bakehouse is about to be re-modelled : an Otto gas engine will drive a dough kneader (Werner and Pfleiderer's), and at the same time will be utilised to give the necessary power to a potato peeler, while elaborate machinery will blend flours of different quality and character. Scientific bread making will thus be



made a new feature in Asylum administration, and it is hoped that much benefit may accrue from it.

The telephone to the Medical Superintendent's house has been purchased, instead of being rented, and a line has been extended to the Clerk's house.

The amusements of the patients have been well considered, and not the least enjoyable of their treats was a monster picnic which was held in the Park in August, at which 671 patients of both sexes were present.

On July 28th the usual fête commemorating the opening of the Asylum was held.

The Medical Superintendent had the gratification of preparing and sending up for examination seven attendants and five nurses for the certificate instituted by the Medico-Psychological Society, for proficiency in nursing. All the candidates acquitted themselves creditably, and some with marked distinction, and they all received their certificates. The Committee to mark their appreciation of the matter had the certificates framed, and they were presented to the candidates by the Chairman.

The changes in the staff have been numerous; but this was in some degree owing to an attendant and three nurses having resigned after periods of service ranging from 22 to 33 years. In each case a pension was granted.

In February Miss Edmands resigned on having obtained the appointment of Head Female Attendant at the Middlesex County Asylum at Wandsworth. She was succeeded by Miss Kate Buckle, who however

remained a very short time, as she was re-called to fill a more important post at the Asylum she had just left. Miss Kate Buckle was succeeded by Miss Ellen Gardner, who entered upon her duties in May.

Dr. Simpson having resigned his post of Assistant Medical Officer, he was succeeded in April by Mr. F. D. Bennett, who has proved himself to be a very efficient officer, and a most agreeable colleague.

In July the Rev. E. R. D. Litle was appointed as Chaplain to succeed the Rev. T. Hutchinson, resigned. Mr. Litle enjoyed much popularity as Chaplain to the Chailey Workhouse, which there seems to be no chance of his losing here.

The zeal, ability and tact of Dr. Walker in the performance of his duties demands a passing tribute; while to the rest of the staff, and especially to Miss Buckle and Mr. Backhouse, the Head Attendants of their respective divisions, the Medical Superintendent is indebted for loyal help and willingness to make the vast machinery of the Asylum work accurately and noiselessly.

In conclusion the Medical Superintendent desires to make his acknowledgments to the Committee for the very substantial recognition of his services they have made during the past year.

C. E. SAUNDERS, M.D.,

*Medical Superintendent.*

HAYWARDS HEATH,

SEPTEMBER 30th, 1892.



# THE CHAPLAIN'S THIRTY-FOURTH ANNUAL REPORT.

---

THE Chaplain has the honour to lay before the Committee of Visitors his annual Report. Thirty-fourth Annual Report.

Services have been regularly held in the Chapel Chapel Services. on Sundays at 10 a.m. and 3 p.m. Every effort has been made to make the services as bright as possible, and the patients being now well supplied with books join heartily in the singing of the canticles and hymns, and listen with great attention to the lessons and sermon. The reverence and quiet behaviour of the congregation are very striking, and nothing which could break the harmony of the service has occurred since July 29th, the date when your Chaplain first commenced his work.

The Holy Communion has been celebrated on the first Sunday of the month at 9 a.m. Holy Communion. The average attendance being : females 12, males 5. This is practically the same as it was in the last report, but it can hardly be considered satisfactory, and your Chaplain would suggest that an opportunity should be given to all to attend, by having more frequent celebrations.

The Harvest Festival was held on Sunday, September 10th, the chapel being decorated with great taste. Harvest Festival. Appropriate psalms, hymns and lessons were chosen for the occasion.

Two Choir Practices have been held each week, and The Choir. the attendance has been very regular. Nurses and attendants take great interest in the work, and in spite of many difficulties the musical portion of the services

is rendered in a manner which is entitled to the highest praise.

**Ward Services.** Short services, consisting of a lesson and prayers, have been held daily in the Dining Halls, with the addition of a hymn on Sundays sung to the accompaniment of a cornet on the Male side, and to that of an American organ on the Female side. Prayers are also read in the Male and Female No. 6 Ward and in the Female Infirmary.

**Funerals.** There have been 80 Burials in the Asylum cemetery. The funerals have been quietly and reverently carried out, and the Chaplain has always made a point of speaking to the mourners after the interment, and has repeatedly been thanked for so doing.

**Visits.** The Wards, Workshops, and Laundry have been visited on the appointed days, and the sick have been visited at other times when it has been considered desirable. In cases of religious difficulty it has been often possible to give comfort and help.

**Schools.** About 70 patients on each side of the House attend School. Most of them write in copy books. Some of them read, and a few of the female patients draw.

**Library.** The shelves in the different wards are well supplied with books. Many of the novels are in three volume form. This has been found to be inconvenient, and the Chaplain hopes to purchase, as far as possible, books that are complete in one cover.

**Conclusion.** In conclusion, the Chaplain has great pleasure in acknowledging the courtesy and help received by him from Dr. Saunders, and also the friendly feeling shewn to him by the rest of the staff.

(Signed) E. R. D. LITTLE, M.A.

SEPTEMBER 30th, 1892.



# APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

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*The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.*

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TABLE I.

*Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1892.*

	M.	F.	T.
In the Asylum January 1st, 1892 .....	339	453	792
Admissions—	M.	F.	T.
First Admissions.....	99	127	226
Re-Admissions.....	18	39	57
Total Number of Admissions during the Year	117	166	283
Total Number of Cases under Care during the Year.....	456	619	1075
Discharges—	M.	F.	T.
Recovered .....	16	34	50
Relieved .....	15	21	36
Not Improved .....	7	2	9
Died .....	51	72	123
Total Number of Discharges and Deaths during the Year .....	89	129	218
Remaining in the Asylum 31st Dec., 1892...	367	490	857
Average Daily Number Resident during the Year ...	347	466	813
*Persons under Care during the Year .....	454	614	1068
Persons Admitted .....	115	161	276
„ Recovered .....	16	33	49
Transferred to this Asylum...	10	7	17
„ from this Asylum	2	5	7

\* Persons, *i.e.*, separate persons, in contradistinction to “Cases,” which may include the same individual more than once.

TABLE IA.

*Showing (1) the Previous Attacks among Persons Admitted during the Year 1892, and (2) the Number of Times they have Previously Recovered in this or any Asylum.*

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack .....	11	20	31
„ 2 Attacks .....	3	7	10
„ 3 „ .....	...	6	6
„ 4 „ .....	...	2	2
„ 5 „ .....	...	1	1
„ 10 „ .....	1	...	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once .....	7	13	20	5	8	13
Twice.....	2	6	8	...	...	...
Three Times .....	...	4	4	...	...	...
Four „ .....	...	2	2	...	...	...
Five „ .....	...	1	1	...	...	...
Ten „ .....	1	...	1	...	...	...



TABLE II.

*Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1892.*

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 33½ years.....	3015	3055	6070			
Re-Admissions .....	420	589	1009			
Total Cases Admitted .....				3435	3644	7079
Discharges—						
Recovered .....	956	1125	2081			
Relieved .....	438	532	970			
Not Improved .....	303	285	588			
Died .....	1371	1212	2583			
Total Discharges and Deaths since the opening of the Asylum .....				3068	3154	6222
Remaining 31st Dec., 1892 ...				367	490	857
	Male.		Female.		TOTAL.	
Average Daily Number Resi- dent during the 33½ Years	313		386		699	
Transferred to this Asylum...	455		384		839	
„ from this Asylum	373		336		709	

TABLE IIa.

*Showing the Admissions and Recoveries of Persons\* from  
25th July, 1859, to the present date, 31st December,  
1892 ( $33\frac{1}{2}$  years).*

## HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the $33\frac{1}{2}$ years .....	3015	3055	6070
Persons Discharged Recovered	762	892	1654 †
Of whom were Re-Admitted, Relapsed ‡ .....	219	342	561
Recovered Persons who have not Relapsed .....	543	550	1093
Relapsed Personssubsequently Discharged Recovered §	118	157	275
Leaving a Nett    Total of Re- covered Persons .....	661	707	1368 ¶

\* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27·2 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22·5 per cent. of Persons admitted.



YEAR.	Admitted.			Discharged.			Died.			Remaining 31st Dec. in each year.			Average Daily No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Daily Nos. Resident.									
				Relieved.			Not Improved.																					
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Both	Male	Female	Sexes							
1859...	143	164	307	2	4	6	...	...	...	1	1	2	4	6	10	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3	
1860...	80	104	184	12	18	30	3	3	6	4	1	5	25	9	34	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5	
1861...	103	66	169	7	22	29	3	1	4	10	18	28	26	19	45	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7	
1862...	60	69	129	14	16	30	1	6	7	7	3	10	23	18	41	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5	
1863...	59	22	81	13	19	32	9	2	11	33	1	34	28	15	43	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7	
1864...	64	70	134	14	10	24	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0	
1865...	67	57	124	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7	
1866...	70	89	159	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0	
1867...	69	93	162	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9	
1868...	119	73	192	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4	
1869...	60	68	128	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8	
1870...	83	83	166	29	32	61	5	2	7	...	...	...	28	29	57	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4	
1871...	52	64	116	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6	
1872...	138	130	268	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16.6	33.8	25.0*	11.8	8.6	10.1	
1873...	100	104	204	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5	
1874...	119	118	237	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9	
1875...	122	136	258	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18.8	25.0	22.0*	16.7	13.9	15.2	
1876...	131	117	248	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5	
1877...	105	117	222	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2	
1878...	112	121	233	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1	
1879...	104	111	215	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2	
1880...	115	114	229	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5	
1881...	102	120	222	45	34	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2	
1882...	115	107	222	43	70	113	10	20	30	2	6	8	51	27	78	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3	
1883...	103	137	240	42	53	95	30	38	68	...	2	2	41	39	80	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5	
1884...	115	114	229	42	49	91	14	28	42	8	4	12	52	34	86	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1	
1885...	96	114	210	43	29	72	14	26	40	4	1	5	33	39	72	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5	
1886...	100	110	210	40	47	87	14	26	40	7	31	38	45	29	74	351	473	824	357	480	837	42.1	45.6	43.9	12.6	6.0	8.8	
1887...	124	104	228	46	44	90	15	20	35	3	4	7	47	50	97	364	469	833	361	474	835	37.7	43.5	40.3	13.0	10.5	11.6	
1888...	127	116	243	36	31	67	19	25	44	5	4	9	53	27	80	378	498	876	364	485	849	29.7	27.9	28.8†	14.5	5.5	9.4	
1889...	109	123	232	31	30	61	27	16	43	35	51	86†	54	44	98	340	480	820	361	483	844	30.0	26.0	27.9	14.9	9.1	11.6	
1890...	121	168	289	39	38	77	19	23	42	7	36	43	33	70	103	363	481	844	356	485	841	32.5	23.3	27.2	9.2	14.4	12.2	
1891...	131	175	306	41	41	82	20	50	70	42	48	90	52	64	116	339	453	792	363	481	844	34.7	26.2	29.9	14.3	13.3	13.7	
1892...	117	166	283	16	34	50	15	21	36	7	2	9	51	72	123	367	490	857	347	466	813	15.0	21.3	18.8	14.6	15.4	15.1	
TOTAL.	3435	3644	7079	956	1125	2081	438	532	970	303	285	588	1371	1212	2583	Aver. or per cent.	313	386	699	27.8	30.9	29.4				13.0	10.0	10.9

\* The apparently low percentage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.  
† Transfers from other Asylums are deducted before these percentages are computed. ‡ Cases removed to Nottingham and Northampton Asylums.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1892.

Admitted.				Discharges and Deaths in 1892 of each Year's Admissions.										Total Discharges and Deaths of each Year's Admissions to 31st December, 1891.										Remaining of each year's Admissions Dec. 31st, 1892									
YEAR.	New Cases.		Relapsed Cases.		Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		M.	F.	Tot.	YEAR.									
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.					Tot.								
1859	143	164	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	6	12	18	1859									
1860	79	104	1	6	169	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	2	1	3	1860									
1861	102	60	1	5	129	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	3	4	1861									
1862	58	64	2	...	81	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	2	4	6	1862									
1863	53	22	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	2	...	...	1863									
1864	56	62	8	...	134	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	3	6	9	1864									
1865	62	50	5	7	124	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	3	6	9	1865									
1866	64	84	6	5	159	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	3	4	1866									
1867	63	80	6	13	162	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	5	4	9	1867									
1868	116	61	3	12	192	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1868									
1869	57	61	3	7	128	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	5	3	8	1869									
1870	76	71	7	12	166	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	4	2	6	1870									
1871	42	52	10	12	116	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	5	3	8	1871									
1872	130	119	8	11	268	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	6	5	11	1872									
1873	88	85	12	19	204	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	4	3	7	1873									
1874	106	100	13	18	237	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	7	9	16	1874									
1875	109	121	13	15	258	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	5	6	11	1875									
1876	114	96	17	21	248	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	6	10	16	1876									
1877	92	101	13	16	222	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	10	7	17	1877									
1878	98	100	14	21	233	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	7	8	15	1878									
1879	93	92	11	19	215	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	8	12	20	1879									
1880	98	87	17	27	229	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	5	14	19	1880									
1881	85	98	17	22	222	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	8	5	13	1881									
1882	93	80	22	27	222	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	6	14	20	1882									
1883	79	110	24	27	240	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	8	13	21	1883									
1884	93	79	22	35	229	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	12	19	31	1884									
1885	81	92	15	22	210	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	7	16	23	1885									
1886	78	86	22	24	210	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	10	22	32	1886									
1887	104	83	20	21	228	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	20	19	39	1887									
1888	101	89	26	27	243	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	16	23	39	1888									
1889	98	105	11	18	232	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	38	28	66	1889									
1890	98	137	23	31	289	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	44	30	74	1890									
1891	102	133	29	42	306	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	44	34	78	1891									
1892	99	127	18	39	283	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	75	117	192	1892									
TOTAL	3015	3055	420	589	7079	16	34	50	15	21	36	7	2	9	51	72	123	940	1091	2031	423	511	934	296	283	579	1320	1140	2460	367	490	857	TOTAL

Summary of Total Admissions, 1859-92.

Male.		Female.		Total.	
Percentage of the Recovered	27.8	30.9	29.4		
" Relieved...	12.8	14.6	13.7		
" Not Improved	8.8	7.8	8.3		
" Dead...	39.9	33.3	36.5		
" Remaining	10.7	13.4	12.1		



*Showing the Causes of Death during the Year 1892, together with the Ages at Death.*

[illegible]

Ascertained by *Post-Mortem* Examination :—Males, 17; Females, 26; Total, 43.

TABLE VI.

*Showing the Length of Residence in those who have Recovered  
and in those who have Died during the Year 1892.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	3	2	5	9	4	13
1 month and under 3 months	4	5	9	9	15	24
3 months        „    6    „	6	15	21	3	9	12
6    „        „    9    „	1	5	6	4	5	9
9    „        „    12   „	2	3	5	2	2	4
1 year        „    2 years	...	2	2	7	14	21
2 years       „    3    „	...	1	1	3	4	7
3    „        „    5    „	...	...	...	1	2	3
5    „        „    7    „	...	...	...	3	2	5
7    „        „    10   „	...	...	...	1	1	2
10   „        „    12   „	...	1	1	...	1	1
12   „        „    15   „	...	...	...	2	5	7
15   „        „    20   „	...	...	...	2	2	4
20   „        „    25   „	...	...	...	2	2	4
25   „        „    30   „	...	...	...	2	1	3
30   „        „    35   „	...	...	...	1	3	4
TOTAL.....	16	34	50	51	72	123

Showing the Duration of the Disorder previous to Admission, in the Admissions, Discharges, and Deaths during the Year 1892.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
	Male.	Female.	TOTAL.	Recovered.		Relieved, or otherwise.		Male.	Female.	TOTAL.
				Male.	Female.	Male.	Female.			
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission .....	61	91	152	11	14	9	9	28	30	58
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission .....	3	12	15	..	2	1	6	4	15	19
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission .....	24	40	64	3	18	8	6	9	14	23
<i>FOURTH CLASS—</i> First Attack OR OTHERWISE; of more than Twelve Months' duration on Admission .....	15	15	30	..	..	2	2	5	10	15
<i>FIFTH CLASS—</i> Congenital..... Not Ascertained .....	9 5	5 3	14 8	.. 2	.. ..	1 1	.. ..	.. 5	2 1	2 6
TOTAL .....	117	166	283	16	34	22	23	51	72	123



TABLE VIII.

*Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1892, and of those remaining on the 31st December, 1892.*

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st DEC., 1892.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years	1	1	2	..	..	..	..	..	..	1	1	2
10 "	3	1	4	..	1	1	..	..	..	10	1	11
15 "	6	5	11	..	..	1	..	..	1	7	6	13
20 "	10	18	28	..	8	8	1	4	5	19	24	43
25 "	11	18	29	3	4	7	1	4	5	31	37	68
30 "	11	16	27	2	5	7	4	1	5	38	55	93
35 "	9	20	29	2	3	5	7	5	12	30	63	93
40 "	15	14	29	2	4	6	3	5	8	46	61	107
45 "	6	13	19	1	3	4	4	6	10	43	55	98
50 "	14	14	28	4	2	6	7	3	10	48	47	95
55 "	8	12	20	..	..	..	3	8	11	31	41	72
60 "	9	10	19	..	2	2	4	7	11	19	38	57
65 "	2	8	10	..	2	2	6	8	14	14	23	37
70 "	6	4	10	1	..	1	5	7	12	15	19	34
75 "	3	7	10	..	..	..	4	9	13	2	8	10
80 "	1	4	5	..	..	..	..	3	3	6	6	12
85 "	..	..	..	..	..	..	..	1	1	..	..	..
90 "	..	1	1	..	..	..	..	..	..	..	..	..
95 "	2	..	3	..	..	..	1	..	2	7	5	12
Unknown.....	..	..	..	..	..	..	..	..	..	..	..	..
Total.....	117	166	283	16	34	50	51	72	123	367	490	857
Mean Age.....	42.2	43.3	42.9	40.1	36.1	37.4	52.2	57.8	55.5	44.1	45.5	44.9

TABLE IX.

*Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1892,  
and of Patients resident on the 31st December, 1892.*

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1892.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single .....	49	75	124	5	18	23	20	32	52	228	252	480
Married .....	51	58	109	9	10	19	20	23	43	108	171	279
Widowed .....	12	30	42	1	5	6	10	16	26	17	61	78
Unknown .....	5	3	8	1	1	2	1	1	2	14	6	20
Total .....	117	166	283	16	34	50	51	72	123	367	490	857





TABLE XI.

*Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1892, and the Form of Mental Disorder of the Inmates on 31st December, 1892.*

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1892.		
Congenital or Infantile Mental Deficiency (a) with Epilepsy	5	...	5	...	...	...	...	...	1	11	1	12
" " (b) without Epilepsy	9	6	15	...	...	...	...	...	7	39	23	62
Epilepsy—Acquired	11	6	17	...	...	...	3	5	8	45	62	107
General Paralysis of the Insane	14	10	24	...	...	...	12	6	18	17	12	29
Mania:—												
Acute	22	40	62	6	13	19	7	19	26	22	35	57
Chronic	7	8	15	...	...	...	2	2	4	97	178	275
Recurrent	6	15	21	2	8	10	1	...	1	15	23	38
e Potu	4	...	4	5	2	7	...	...	...	2	...	2
Puerperal	...	...	...	...	1	1	...	...	...	...	...	...
Senile	2	4	6	...	...	...	3	5	8	9	7	16
Melancholia:—												
Acute	18	36	54	3	6	9	9	10	19	18	29	47
Chronic	2	1	3	...	...	...	...	...	...	21	36	57
Recurrent	2	12	14	...	3	3	...	...	...	...	11	11
Puerperal	...	3	3	...	...	...	...	2	2	...	...	...
Senile	6	3	9	...	...	...	4	3	7	2	7	9
Dementia:—												
Primary	...	1	1	...	...	...	...	1	1	1	3	4
Secondary	6	12	18	...	...	...	4	3	7	58	55	113
Senile	3	8	11	...	...	...	3	11	14	10	8	18
Not Insane	...	1	1	...	1	1	...	...	...	...	...	...
TOTALS	117	166	283	16	34	50	51	72	123	367	490	857

TABLE XII.

*Showing the Station or Occupation of Patients admitted during the Year 1892.*

MALES.	NO.	MALES.	NO.	FEMALES.	NO.	FEMALES.	NO.
Actor .....	1	Lodging-house Keepers.....	2	Book-Keeper ... ..	1	Wife of Tailor .....	1
Baker .....	1	Man-Servant .....	1	Charwoman .....	1	Whitesmith .....	1
Butlers.....	2	Postman (Retired) .....	1	Domestic Servants .....	33	Painter .....	1
Bricklayer .....	1	Porters .....	4	Dressmakers .....	4	" .....	1
Blacksmith .....	1	Plasterers .....	2	Governesses .....	2	" .....	1
Cab-Driver .....	1	Pensioner (Prison Warder) .....	1	Grocer .....	1	Railway Porter .....	1
Cabinet Maker .....	1	Shepherds .....	3	Housewives .....	8	Tinman .....	1
Club Steward .....	1	Stationer .....	1	Hawkers .....	3	Railway Guard.....	1
Carpenters .....	4	Sorting Clerk (G.P.O.) ..	3	Housekeepers .....	4	Inn-Keeper .....	1
Carter .....	1	Tailors .....	1	Laundresses .....	7	Builder .....	1
Clerk.....	1	Wood Turner.....	1	Lodging-house Keepers .....	4	" .....	1
Coachmen .....	3	Waiter .....	1	Matron of Workhouse .....	1	Carpenter .....	1
Dentist.....	1	Wheelwright.....	1	Nurses .....	3	" .....	1
Farmer (Retired) .....	1	No Occupation .....	20	Needlewomen .....	3	Widow of Solicitor .....	49
Farm Bailiffs.....	1	Not Ascertained .....	5	" (Monthly) .....	1	No Occupation .....	6
Fireman (Ship's).....	2			Shop Assistant.....	1	Not Ascertained .....	6
Fireman (Railway).....	1			Schoolmistress .....	1		
" .....	1			" (Assistant) .....	1		
Footman .....	1			School Teacher.....	1		
Groom .....	1			Ward-Maid .....	1		
Gardeners .....	3			Washerwoman .....	1		
Gentleman .....	1			Waitress .....	1		
Grocer's Assistant .....	1			Wives of Labourers .....	13		
Harness Makers .....	2			Wife of Coachman .....	1		
Hand-chair Man .....	1			" Publican.....	1		
Labourers (General) .....	23			" Sailor .....	1		
" .....	13						
		TOTAL ..	117			TOTAL ..	166

TABLE XIII.

*Patients' Daily State and Employment.*

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
Male Patients.		
Working Party.	With the Gardener and Out-door Attendants ... ..	68
	With the Farm Attendants ... ..	17
	With the Cowman ... ..	4
With the	Carpenter... ..	2
„	Bricklayer ... ..	2
„	Upholsterer ... ..	2
„	Basket-maker ... ..	3
„	Tailor... ..	14
„	Shoemaker ... ..	8
„	Matmaker... ..	17
„	Painter ... ..	5
„	Engineer ... ..	4
„	Baker ... ..	4
„	House Attendant ... ..	4
„	Bath „ ... ..	4
In the	Dining Hall ... ..	8
„	Storekeeper's Stores... ..	3
„	Wards (Cleaning) ... ..	79
Daily Number Employed ... ..		248
Female Patients.		
In	Laundry and Wash-house ... ..	66
„	Kitchen ... ..	8
„	Dining Hall... ..	18
„	Wards, &c. (Cleaning) ... ..	44
„	„ (Needlework) ... ..	228
„	Vegetable Room... ..	4
Daily Number Employed ... ..		368
ATTENDANCE AT—		DAILY ATTENDANCE.
		M. F. TOTAL.
Sunday Divine Service {	In Dining Halls ...	259 460 719
	In Chapel ... ..	218 260 478
Week-day Morning Prayer ... ..		242 379 621
School ... ..		52 71 123
Weekly Ball ... ..		111 128 239
Other Entertainments ... ..		120 140 260
Walk about the Grounds ... ..		89 360 449
„	beyond „ ... ..	111 122 233
„	on the Terraces ... ..	219 430 649
NIGHT REPORT.		
Number of Wet Cases ... ..		6 2 8
„	Dirty „ ... ..	3 2 5
„	Noisy „ ... ..	4 6 10
		AVERAGE DAILY NUMBER RESIDENT.
		343 460 803



**TABLE XIV.**  
**THE ESTABLISHMENT.**

**OFFICERS.**

Medical Superintendent ... ..	£750	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain ... ..	250	
Clerk to Visitors ... ..	150	
Clerk of Asylum ... ..	300	} None.
Senior Assistant Medical Officer ...	250	
Junior Assistant Medical Officer ...	100	
Housekeeper ... ..	60	} Lodging, Board, Washing, and Atten- dance.
Head Attendant (Female) ... ..	110	
Female Assistant Officer ... ..	35	
Storekeeper ... ..	150	} House, Coals, and Gas.
Head Attendant (Male) ... ..	100	

**ATTENDANTS AND SERVANTS.**

2 Male Attendants (Night) ...	66	0	0	} Without Board, &c.
1 Ditto ditto ...	62	0	0	
1 Ditto ditto ...	59	0	0	
1 Ditto ditto ...	58	0	0	
1 Ditto ditto ...	56	0	0	
1 Ditto ditto ...	53	0	0	
1 Organist and Schoolmaster ...	80	0	0	
1 Office Clerk ... ..	90	12	0	

*Board, Lodging, and Washing:—*

1 Male Attendant (Dining Hall) ...	43	0	0	4 Female Attendants ...	20	0	0
3 Ditto ...	43	0	0	3 Ditto ...	19	0	0
2 Ditto ...	40	0	0	3 Ditto ...	18	0	0
2 Ditto ...	39	0	0	6 Ditto ...	17	0	0
1 Ditto (Tailor) ...	36	0	0	5 Ditto ...	16	0	0
3 Ditto ...	36	0	0	1 Seamstress ...	25	0	0
1 Ditto ...	33	0	0	1 Head Laundry Maid ...	31	0	0
1 Ditto ...	32	0	0	1 Laundry Maid ...	19	0	0
1 Ditto ...	31	0	0	2 Ditto ...	18	0	0
2 Ditto ...	30	0	0	1 Hall Porter ...	43	0	0
1 Ditto (Basket Maker) ...	30	0	0	1 Man Cook ...	45	0	0
1 Ditto ...	29	0	0	1 Dairy Maid ...	20	0	0
2 Ditto ...	27	0	0	1 Kitchen Maid ...	18	0	0
3 Ditto ...	26	0	0	1 Vegetable Room Maid ...	14	0	0
1 Female Attendant (Night) ...	29	0	0	3 Housemaids ...	16	0	0
1 Ditto ditto ...	25	0	0	1 Farm Attendant ...	36	0	0
1 Ditto ditto ...	21	0	0	1 Ditto ...	31	0	0
1 Ditto ditto ...	20	0	0	1 House Attendant ...	30	0	0
1 Ditto ditto ...	19	0	0	1 Bath ditto ...	33	0	0
1 Ditto ditto ...	18	0	0	<i>House, Coals, Vegetables, &amp;c.</i>			
1 Ditto (Dining Hall) ...	21	0	0	per Week.			
1 Ditto ...	31	0	0	1 Engineer (House, Coals and Gas) ...	2	0	0
1 Ditto ...	30	0	0	1 Bailiff ...	1	7	0
1 Ditto ...	26	0	0	1 Gardener ...	1	5	0
2 Ditto ...	25	0	0	1 Blacksmith (House & Gas) ...	1	6	0
1 Ditto ...	21	0	0	1 Front Ground Labourer ...	0	18	6

	per Week.		per Week.
Shoemaker ... ..	1 6 0	Painter and Glazier ... ..	1 11 0
Matmaker ... ..	1 6 0	Painter ... ..	1 7 0
Cabinet-maker ... ..	1 12 0	Stoker ... ..	1 1 0
Baker ... ..	1 8 2	Ditto ... ..	0 19 0
Butcher ... ..	1 6 0	Cowman ... ..	1 0 0
Florist ... ..	1 1 0	Under Cowman ... ..	0 17 0
Carpenter ... ..	1 11 0	Two Carters ... ..	0 19 0
1 Ditto ... ..	1 10 0	Farm Labourer ... ..	0 17 0
Bricklayer ... ..	1 11 0	Stockman ... ..	0 16 0
Bricklayer's Labourer ... ..	1 0 0	House Carter ... ..	1 2 0

*Made up on March 31st, 1893.*

TABLE XV.

*Contract Prices of the Principal Articles of Consumption for the Year 1892.*

45

ARTICLES.	QUARTERS ENDING											
	March.			June.			September.			December.		
Beef .....	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Mutton .....	0	4	4	0	4	2	0	4	2	0	4	0
Pork—American .....	0	4	4	0	4	2	0	4	2	0	4	0
Flour—Households .....	2	6	0	2	1	0	2	1	0	1	17	0
Seconds .....	1	12	0	1	8	6	1	5	0	1	3	9
Meal .....	1	10	0	.....	.....	.....	.....	.....	.....	.....	.....	.....
Ale—X .....	1	8	9	1	5	0	1	4	0	1	2	6
XX .....	1	1	0	1	1	0	1	1	0	1	1	0
Cheese—Gouda .....	1	10	0	1	10	0	1	10	0	1	10	0
Butter .....	2	12	0	2	2	0	2	2	0	2	5	0
Bacon .....	5	11	0	4	10	0	4	10	0	5	18	0
Sugar—Raw .....	3	14	0	3	4	0	3	4	0	3	12	0
Refined .....	0	17	6	0	17	6	0	17	6	0	15	9
Navy Cocoa .....	1	0	0	1	0	0	1	0	0	1	0	0
Treacle .....	4	2	0	4	4	0	4	4	0	4	4	0
Raisins .....	0	14	6	0	14	6	0	14	6	0	12	0
Currants .....	1	19	0	1	14	0	1	14	0	1	13	0
Split Peas .....	1	11	0	1	9	6	1	9	6	1	10	0
Soap—Yellow .....	0	7	9	0	7	6	0	7	6	0	7	6
Soft .....	1	5	9	1	2	6	1	2	6	1	1	0
Coals—Steam .....	0	17	0	0	15	6	0	15	6	0	14	6
House .....	1	6	6	1	6	6	1	0	5	1	0	5
Coke .....	1	0	0	1	0	0	0	18	9	0	18	9
Chaldron .....	0	8	8	0	8	8	0	7	7	0	7	7

TABLE XVI.  
DIET SCALE.

	BREAKFAST At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
	Males.					Females.					Males.					Females.					Males.		Females.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					
	Butter.	Bread.	Cocoa.	Butter.	Coffee.	Bread.	Butter.	Bread.	Butter.	Coffee.	Bread.	Pea Soup.	Plum Dumpling	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Meat Pudding	Uncooked Meat.	Meat Pudding.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Males.		Females.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
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Sunday ...	oz. 6	pt. 1	oz. 5	pt. 1	pt. 1	oz. 4	pt. 1	oz. 6	oz. 12	oz. 12	pt. 1	oz. 16	oz. 12	oz. 2	pt. 1	oz. 8	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4	oz. 4

Bread is given practically *ad libitum*.



TABLE XVI.—Continued.

DINNER.

Male Patients.		Female Patients.		Thurs day Fri day Sat ur day	Male Patients.	Female Patients.
Sunday	...	Pork and Suet Pudding, with Rice and Fruit in season. Pea Soup.	Roast Meat, with Rice and Fruit in season. Pork or Beef and Vegetables; Peas Pudding. Meat Stew.		Roast Meat & Pickled Pork; Peas Pudding. Meat Pudding.	Plum Pudding & Treacle Sauce. Pea Soup. Every other Friday, $\frac{1}{2}$ lb. of Fresh Fish. Meat Pudding.
Monday	...					
Tuesday	...	Meat Pudding and Rice Pudding. Plum Dumpling and Treacle Sauce.			Pea Soup. Every other Saturday, $\frac{3}{4}$ lb. of Fresh Fish.	
Wednesday	...		Meat Stew.			
<i>Bread, Beer, and Vegetables Daily.</i> <i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i>						

*Extra Diet for Sick.*—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

*Extra Diet for Working Patients.*— $\frac{3}{4}$  Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and  $\frac{1}{2}$  Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and  $\frac{1}{2}$  Pint Tea. Tobacco and Snuff given as indulgences.

*Attendants' and Servants' Diet.*—Men, 1lb. Uncooked Meat; Women,  $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea,  $\frac{3}{4}$ lb. Sugar,  $\frac{1}{4}$ lb. Coffee,  $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly.  $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

*Cocoa for One Hundred Patients.*— $3\frac{1}{2}$ lbs. Cocoa,  $4\frac{3}{4}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

*Coffee* Ditto  $1\frac{1}{2}$ lbs. Coffee,  $\frac{1}{2}$ lb. Chicory,  $3\frac{1}{2}$ lbs. Sugar, 2 Gallons Milk.

*Tea* Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

*Pea Soup* { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

*Meat Pie* Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

*Meat Pudding* 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

*Meat Stew* 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

*Plum Pudding* 100lbs. weight.—Flour, 46 $\frac{3}{4}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs.; Currants, 7 $\frac{1}{2}$ lbs.

HAYWARDS HEATH, 31st December, 1892.

C. E. SAUNDERS, M.D.,  
Medical Superintendent.

(Signed)

# RAINFALL IN 1892.

*Rain Gauge.* { *Diameter of Funnel, 5in.*  
                   { *Height* { *Above Ground, 1ft. 1in.*  
                   { *of Top* { *Above Sea Level, 281ft.*

MONTH.	Total Depth.	Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
		Inches.	Depth.	
JANUARY .....	0.70	.22	8	5
FEBRUARY .....	1.34	.27	17	14
MARCH .....	1.20	.66	15	9
APRIL .....	1.11	.50	16	6
MAY .....	0.43	.18	26	3
JUNE .....	2.68	.97	29	12
JULY .....	2.07	.51	19	11
AUGUST .....	2.28	.56	27	14
SEPTEMBER .....	2.77	.98	29	10
OCTOBER .....	4.08	.91	29	18
NOVEMBER ... ..	2.86	.67	16	12
DECEMBER .....	2.48	.75	2	11
<i>Total</i> .....	24.00	...	...	125

# REPORT OF THE VISITING COMMISSIONERS IN LUNACY.

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## SUSSEX LUNATIC ASYLUM,

*November 19th, 1892.*

INSPECTIONS elsewhere have delayed our visit here till somewhat late in the year: our colleagues' visit in 1891 was on the 28th April. We cannot learn that any site has yet been found for the Asylum about to be erected by West Sussex, though steps have been taken in that direction. By the order of the Commissioners appointed under the Local Government Act, 1888, accommodation here upon the present terms for West Sussex pauper lunatics will cease. To-day there are 841 patients upon the Asylum books and in residence; they are chargeable, it seems, 291 to East Sussex Unions, 290 to West Sussex, 248 to Brighton, and also include 12 Out-County and Private cases. The males are 360, the females are 481. At Berry Wood Asylum 41 men and 99 women are boarded out, and at Littlemore Asylum 10 men and 5 women. This Asylum is full, if not more than full, and we would urge the Committee to reduce the numbers. This might properly be done in more ways than one. We understand that the Committee have under consideration such reduction by proceedings under section 57 of the Lunacy Act, 1890. We should also recommend the weeding out of idiot children and senile cases fit for Workhouse detention, to make room for recent and acute cases. We find the Asylum in good order, the wards bright and cheerful, and the patients generally contented, well clad and properly



fed. We think, however, that 384 are far too many to be (according to the returns made to us) "usually confined in the airing courts," and 64 far too few women to be walked daily in the grounds. The staff of male attendants is given to us as 29; of women 28 for day duty: in other words there is a proportion of one man for 12 male patients or thereabouts and one nurse for 17 female patients. Without increase of this staff proper exercise of the patients out of doors seems to be impracticable, yet we believe that an organized system of extended exercise in an Asylum is most beneficial to the patients, for which the pacing to and fro of confined airing courts is no effectual substitute. The figures given rather under-state the proportions, since holidays and the occasional illness of members of the staff are not taken into account, and there are of course many patients who require special and constant attention: as many as 41 men and 37 women actively suicidal to be always kept in view, 25 general paralytics and 113 epileptics. For the quiet men of the first and last class we may here mention that Dr. Saunders is about to provide an additional observation dormitory, having found much benefit from previous separation to a certain extent of such, from the noisy at night. In the infirmaries we found 29 women in bed, two having bedsores, but very few men. We recommend in these wards the supply of more spring or wire wove beds, and baths on wheels for bedside use, with ready means of filling and emptying them; in the epileptic dormitories lower bedsteads, some with wire woven sides. The temperature of the wards was high enough during our inspection except in the infirmaries, where it was



rather low. To maintain freedom from offensive smell we advise that the floors of the padded rooms, also of some of the single rooms, should be made impervious (by beeswax and turpentine and careful stopping) to saturation by urine. The day rooms are well supplied with light literature in the shape of books, but the daily supply of newspapers should be more liberal than it is at present. Both as regards exercise and amusement the worst behaved of the patients should receive special attention, however turbulent and destructive their present habits may be. The recoveries since last visit appear to have been 104; they might possibly be even increased by more frequent trials on probation with statutory allowances. In all 267 cases have been discharged. One-hundred-and-seventy-four deaths are recorded, but only 65 post-mortem examinations. In five instances of death only did bedsores appear. There has been no inquest. The patients now under medical treatment and so registered are 29. Four cases of fracture have occurred, the accidental fracture of a woman's wrist during a paroxysm of violence, of a woman's humerus by fall, of a man's rib through blow from a fellow patient, of a woman's patella through a fall, and the dislocation of a male patient's shoulder in a struggle with an attendant while being put into a single room—all matters reported on their occurrence to the Committee. There has been no zymotic malady here except slight influenza attacking 89 patients and 19 of the staff. No restraint or seclusion is recorded. We are of opinion that the entries in the Case Books are meagre, and desire to call attention to this fault. Out of 841 patients 216



were in Chapel last Sunday morning, 235 in the evening; these are low figures, when compared with the figures returned to us from many Asylums. Employment is found for 218 men and 365 women, including 77 of the former and 44 of the latter working as ward cleaners chiefly. Of the men 65 assist out of doors; of the women 230 are knitters or needleworkers, 64 assist in the Laundry and 27 in the Kitchen. Four-hundred-and-fifty patients are the average attendance at associated entertainments. The bathing arrangements are as heretofore, and the personal cleanliness of the patients is much studied; they have ablutions twice a week, and these appear to be very thorough. We saw a substantial dinner given to a large number of the patients, and in the Stores we examined several articles, *e.g.* the tea, cocoa, cheese, and butter. We also tasted the soup which was the mid-day fare yesterday, and the bread in the Hall; both were good. Among the recent additions, alterations, or improvements in and about the Asylum, we may mention, with approval, the extension of No. 6 male ward day room with new closets and other conveniences, the erection of new closets in a general airing court, the heating by hot water of single rooms in a female infirmary, some re-decoration of the interior of the Asylum, and what we should like to see carried out more extensively, some plastering of walls hitherto rough brick. The Cemetery of the Asylum having been filled up, about two acres have been taken in for burial of the patients, at its extremity furthest from the building.

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REGINALD SOUTHEY,	